



# Year 6 Newsletter 10.02.21

Dear Year 6's,

Hello everyone, I hope you are all well and working hard. We continue to be busy here in school, last week we completed our display about countries around the world and spent Friday working on our mental health work. I hope you had a chance to look at the work in the new pack around Mental Health. The assembly was great, with some famous faces, and some great ideas to help keep your mind as healthy as your body. If you listen closely at the end of the assembly, they introduce a really exciting competition run by BAFTA.



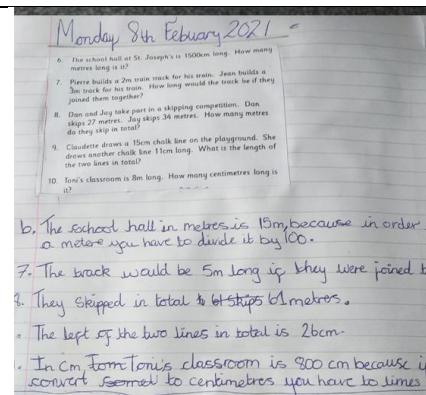
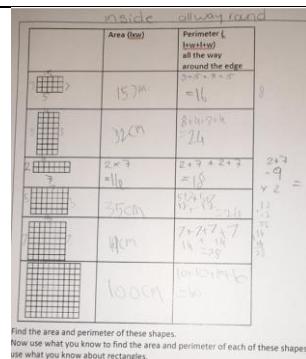
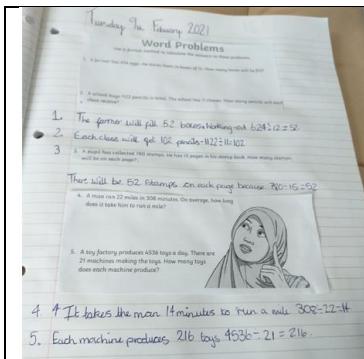
We are school have started to make our video, I would love for you at home to be included. This Mental Health Week 2021 is focused on 'Expressing Yourself'. It is all about what we can do to help stay positive. The children in school had a chance to think about the things that make them feel good, and the things they do that help them relax and unwind.

If you have a phone, or tablet send me a short clip telling me what you do to express yourself and relax, if you can video yourself doing it that would be even better. In school we had children finger knitting, playing card games, drawing and sketching, dancing and doing gymnastics. Our competition entry will be a mix of all the clips about how we express ourselves to stay mentally healthy. I can't wait to see what you send me.



Well done to everyone who has sent me their work and the great work that has been saved on Purple Mash, and all the emails.

Here is some of the work from this week.



## MIND OVER MATTER

The time I used my mind like that was when I had my Grading at my club taekwondo. I had to focus really hard and perform in front of an audience, and I had to take my mind of it and just think that your in an empty hall.

It was a challenge for me because I got scared in front of people when I perform. In Gradings you have to answer questions from the taekwondo book, so you have to recap a lot. Also in the gradings you have to break boards, kick, boxing shields really hard.

My negative thoughts were what happened if I didn't pass all that hard work for nothing. I would be so upset and everyone would be looking at me. I would feel so embarrassed and I would feel so disappointed in myself.

5)  $1\text{m} = 100\text{ cm}$       6)  $2\text{m} = 200\text{cm}$   
 7)  $3\text{m} = 300\text{ cm}$       8)  $4\text{m} = 400\text{ m}$   
 9)  $1\text{km} = 1000\text{ m}$       10)  $2\text{km} = 2000\text{m}$   
 11)  $3\text{km} = 3000\text{m}$       12)  $4\text{km} = 4000\text{m}$

Which is the most? Circle the largest amount in each box.

1 m 1 km 1 cm	10 m 100 cm 200 mm	100 m 500 cm 1 km	1 m 200 cm 300 mm
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Use greater than (>), less than (<) or equals (=) to compare the amount

1) $1\text{m}$ > $10\text{ cm}$	2) $1\text{ km}$ = $1000$
3) $20\text{ mm}$ > $1\text{ cm}$	4) $80\text{ cm}$ < $1\text{ m}$
5) $200\text{ m}$ < $1\text{ km}$	6) $3\text{cm}$ < $40\text{ m}$
7) $10\text{ mm}$ = $1\text{ cm}$	8) $2\text{ km}$ < $3000$
9) $3\text{ m}$ > $40\text{ cm}$	10) $500\text{ cm}$ > $3\text{ m}$

Handwritten math worksheet showing multiplication and division problems.

1. There are 24 pencils in a box. In one day, a pencil manufacturer makes 12 boxes of pencils. How many pencils are there on the market?  

$$\begin{array}{r} 4289 \\ \times 24 \\ \hline 17156 \\ 85780 \\ \hline 102936 \end{array} \quad \checkmark$$

2. One pygmy (GK) is 1924 milligrams (mg). A pygmy is 1/268. How many milligrams is the pygmy?  

$$\begin{array}{r} 1024 \\ \times 27 \\ \hline 7168 \\ 20480 \\ \hline 27648 \end{array} \quad \checkmark$$

3. Calculations  

$$\begin{array}{r} 5723 \\ \times 65 \\ \hline 28615 \\ 343380 \\ \hline 371995 \end{array} \quad \checkmark$$

4.  $\begin{array}{r} 7083 \\ \times 83 \\ \hline 21249 \\ 566640 \\ \hline 587889 \end{array} \quad \checkmark$

5.  $\begin{array}{r} 6817 \\ \times 67 \\ \hline 47749 \\ 34860 \\ \hline 383569 \end{array} \quad \checkmark$

6.  $\begin{array}{r} 2236 \\ \times 36 \\ \hline 13410 \\ 67050 \\ \hline 80640 \end{array} \quad \checkmark$

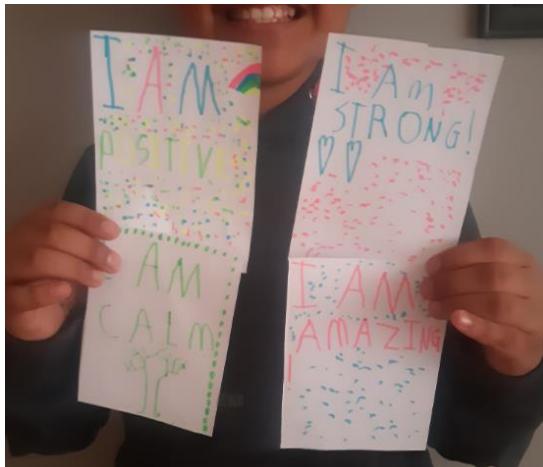
7.  $\begin{array}{r} 4929 \\ \times 57 \\ \hline 34603 \\ 246740 \\ \hline 330243 \end{array} \quad \checkmark$



My experience!  
 Once I went in a wind tunnel but felt very nervous. I hate heights and I was afraid that the wind tunnel would send me up really high. I hated it. We sat in a room and waited for our turn but I started to feel nervous. I didn't know what to expect. Finally we went in and put on the suit that they gave us, we sat on a chair and waited for the instructor to come and call out our names. I felt worried so my dad decided he would go in first. I watched as my dad flew up into the air. So after my dad I got in the tunnel and hated it. All I could do is tell myself I'll be fine. I got in I could feel the pressure of the air blowing on my stomach lifting off of my feet. The instructor held my hand and told me to keep my legs straight. After being inside it my nervous feeling melted away and I only enjoyed it when I got in. We had 3 turns inside the wind tunnel and it was as bad as I thought. I know that at first you can be afraid but you always have to try because now I will never forget that moment in my life. I will never forget my worries and I will never forget me getting over my fear.



Here is a little something to work on each day before tea, or after you have finished your schoolwork. We are doing this before home time each day. I look forward to hearing what it is that you have been proud of!



And now for our weekly giggle, here are some of the jokes we have enjoyed this week.

**Q: How do all the oceans say hello to each other? They wave!**

**Q: What do you call a bear with no teeth? A gummy bear!**

**Q: What kind of room doesn't have doors? A mushroom!**

**Q: Why did the boy throw his clock out the window? Because he wanted to see time fly!**

Hope you enjoyed that.

Take care everyone.

Sending you lots of love.

Mrs Lambie x

