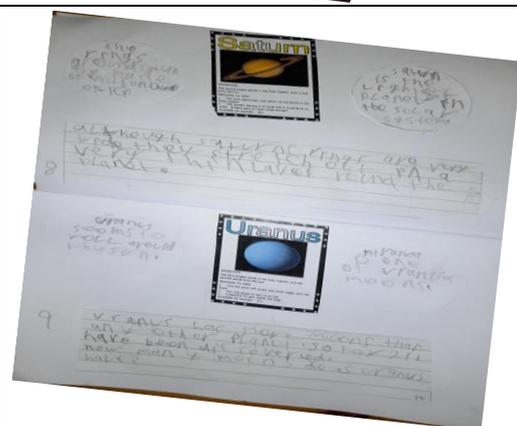
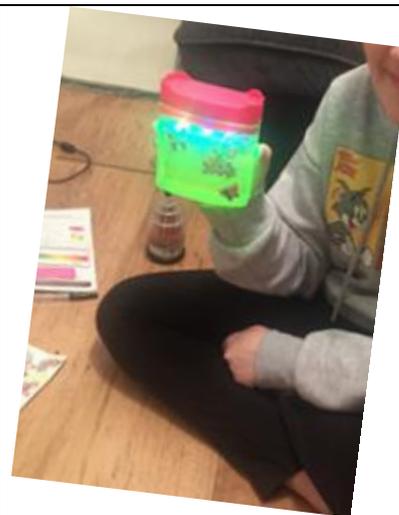
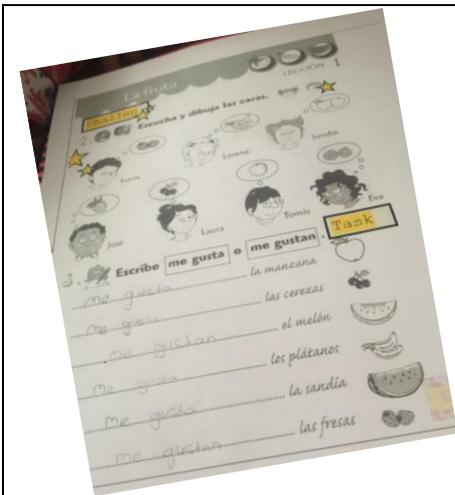


# Year Six Newsletter

Hello My Lovely Year Six,

I hope you are all well and been keeping yourself busy, I have had some lovely pictures from you, I loved Wilma's pancakes - what a treat! I hope you managed to be out in the fresh air for some exercise in the few nice days of weather we had last week too.

It won't be long now, and we will all be together again soon. I need you all to keep working on your reading and tables as hard as you can before you come back. I would love to see some great photos of you World Book Day competition entries, there are four competitions for you to enter, I am sure you will have fun finding the best shots. Look out in the new learning pack because as well as the World Book Day information it includes some ideas for National Science Week too, there are some great ideas for you to experiment with at home...have fun! (don't forget to send me your work and photos!)





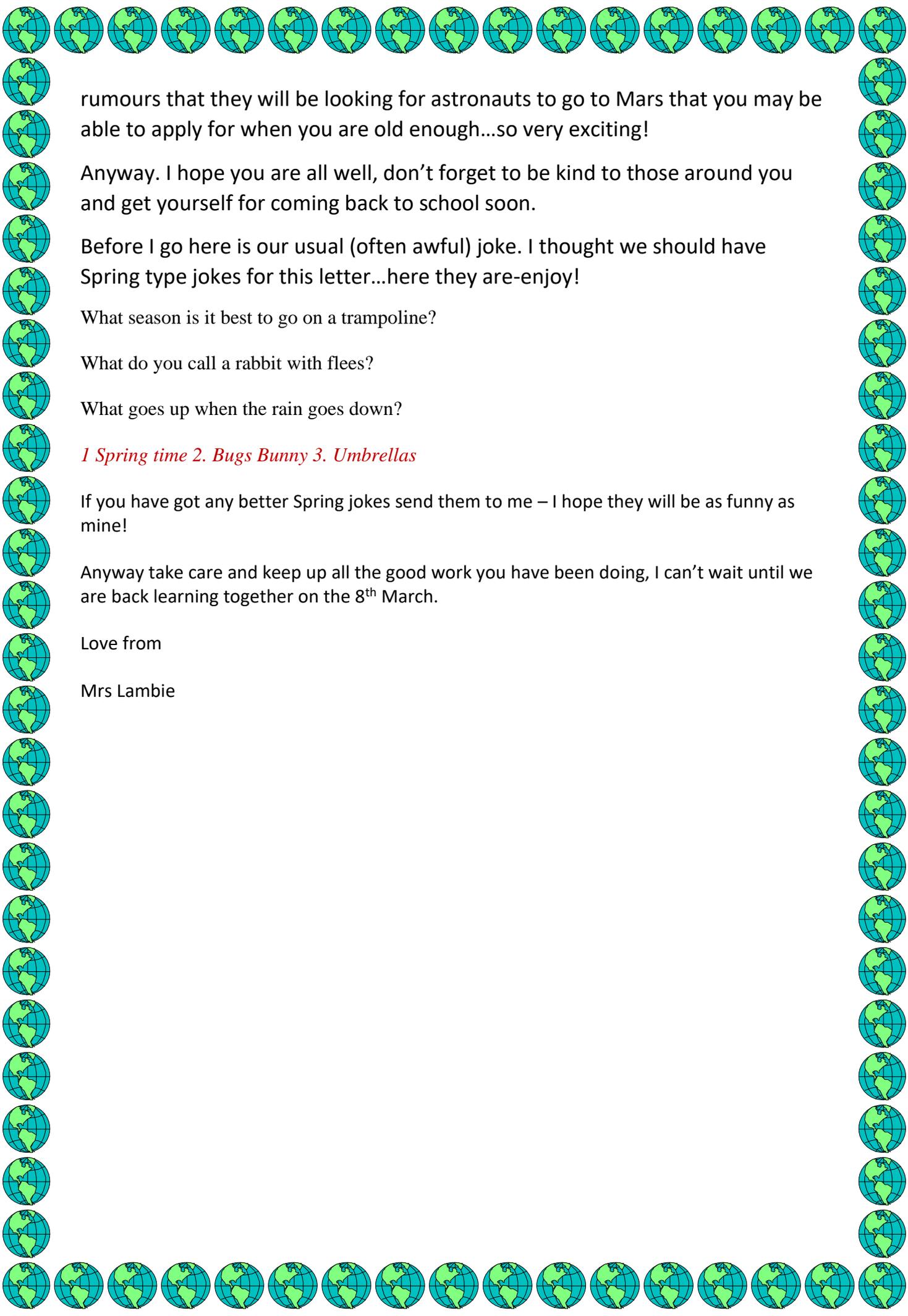
These are the words the children created to go with the mental health week BAFA competition video we have been making. It's not too late if some of you still want to send me video clips or pics of your ideas from the learning pack to include in the final cut.



Here is our Express Yourself Poem.

<b>E</b>	Is for energetic, moving makes be happy
<b>X</b>	X marks the spot-find the treasure in your life and be thankful
<b>P</b>	Find people that talk to, laugh and be kind
<b>R</b>	Rest is important -get a good nights sleep
<b>E</b>	Is for enthusiasm, find something that you love to distract your mind
<b>S</b>	Stress is not good for you- find things that help calm you, breath and count
<b>S</b>	Smooth music can help sooth your worries away
<b>Y</b>	Yesterday is done – you can't change it either love it or learn from it- today is a new day!
<b>O</b>	Organize yourself- it helps you feel in charge and strong
<b>U</b>	Is for UNWIND- find a safe place where you can chill and relax
<b>R</b>	Use the 4 R's Be, resourceful, respectful and show reciprocity! Be Resilient don't give up !
<b>S</b>	lfs for Success -keep practicing until you get better at something and then be PROUD of yourself!
<b>E</b>	Is for Enjoyment – Fill your spare time with things you enjoy and that make you HAPPY
<b>L</b>	Laugh often it is good for your soul
<b>F</b>	Feel-let yourself feel the love and kindness of family and friends, and give it back.

We have been thinking about Space this term and, in particular, Mars as there have been some very exciting Missions landing on Mars or orbiting it that you might have seen on the news. It is all to do with the orbiting path that our Earth and Mars takes around the Sun, that means every two years we get quite close, hence all the missions making the most of this. Other exciting space news is Space X they test launched the latest rocket, that looked like it was going to be a success, but crash landed at the last minute. If you have access to the internet check the clips of these out. It is all very exciting, and there are



rumours that they will be looking for astronauts to go to Mars that you may be able to apply for when you are old enough...so very exciting!

Anyway. I hope you are all well, don't forget to be kind to those around you and get yourself for coming back to school soon.

Before I go here is our usual (often awful) joke. I thought we should have Spring type jokes for this letter...here they are-enjoy!

What season is it best to go on a trampoline?

What do you call a rabbit with flees?

What goes up when the rain goes down?

*1 Spring time 2. Bugs Bunny 3. Umbrellas*

If you have got any better Spring jokes send them to me – I hope they will be as funny as mine!

Anyway take care and keep up all the good work you have been doing, I can't wait until we are back learning together on the 8<sup>th</sup> March.

Love from

Mrs Lambie