



**St Mary's Catholic Primary School**

Coronation Crescent, Madeley, Telford, Shropshire, TF7 5EJ

Telephone: 01952 388255

Fax: 01952 388244

E-mail: [a3357@telford.gov.uk](mailto:a3357@telford.gov.uk)

<http://www.stmaryscatholicprimarytelford.co.uk>

Headteacher: Samantha Griffiths

Assistant Headteacher: Helen Lambie

School Business Manager: Nicola Pryce

## **St Mary's Catholic Primary School**

### **Friday 6<sup>th</sup> January 2023**

#### **New Year Blessings**

Here comes a brand new year,  
Lots of new things to explore,  
A clean, blank slate to write on,  
Fun happenings galore.

To you we wish the best of things,  
All the blessings a new year brings.

### **School Day Times Reminder**

The doors open at 8.35am, register is taken at 8.45am  
and school finishes at 3.15pm. Clubs finish at 4pm.

Thank you

## **Very Important: Late Children**

**If you are running late, please bring your child to the office door yourself to ensure a safe and proper handover. Please do not drop off at the gate so they walk down unaccompanied by an adult. Thank you in advance for your support with this.**

## **Water Bottles**

Please, please, please, send your child to school with a water bottle. We will always give your child a drink, but if they have a water bottle, children tend to drink more regularly.

### **Benefits of Drinking Water**

- Helps clear waste out of your bladder
- Promotes good digestion health and prevents constipation
- Helps to regulate body temperature and aides in blood circulation.
- Protects the spinal cord, tissues and cushions joints.

### **Signs & Symptoms of Dehydration**

- Extreme thirst
- Dry lips, eyes, and mouth
- Peeing less frequently (less than 4 times a day)
- Dark yellow or strong-smelling pee
- Feeling dizzy or lightheaded
- Less active / Lethargic



### **UK Health Security Agency Message**

Back to school advice issued amid high levels of flu, COVID-19 and scarlet fever  
As pupils and students return to school following the Christmas break, UKHSA is reminding people that winter illnesses continue to circulate at high levels.

Following simple steps can help protect children, minimise the spread of illness in education and childcare settings and protect wider communities.

Flu and coronavirus (COVID-19) are currently circulating at high levels and are likely to continue to increase in coming weeks. High numbers of scarlet fever, which is caused by group A streptococcus, also continue to be reported.

Professor Susan Hopkins, Chief Medical Adviser at the UK Health Security Agency (UKHSA), said:

It's important to minimise the spread of infection in schools and other education and childcare settings as much as possible. If your child is unwell and has a fever, they should stay home from school or nursery until they feel better and the fever has resolved.

Helping children to learn about the importance of good hand hygiene is also key, so practice regular handwashing at home with soap and warm water. Catching coughs and sneezes in tissues then binning them is another simple way to help stop illness from spreading.

Adults should also try to stay home when unwell and if you do have to go out, wear a face covering. When unwell don't visit healthcare settings or visit vulnerable people unless urgent.

Remember that flu vaccination is still available for all eligible groups and is the best protection against the virus. We have seen good uptake in older age groups but vaccination among young children remains low. Flu can be very unpleasant and, in some cases, can lead to more serious illness. Getting your child vaccinated protects them and others they come into contact with, and it's still not too late.

Eligible children include:

- those aged 2 and 3 on 31 August 2022
- all primary school-aged children
- some secondary school-aged children

You can get more information [getting your child vaccinated against flu](#) on NHS.UK.

UK Health Security Agency press office

Email [ukhsa-pressoffice@ukhsa.gov.uk](mailto:ukhsa-pressoffice@ukhsa.gov.uk)

Telephone 020 7654 8400

Out of hours 020 8200 4400

## [Park Lane Centre Children's Groups](#)

### Children's Groups



Monday

Families in Telford (Term time only) 9:30am –11:00am

Rainbows 5-7yrs 17:00pm -18:00pm

Brownies 7-10yrs 18:00pm - 19:30pm

Guides 10-14yrs 19:30pm - 21:00pm

Making Changes Youth Club 13+ 18:00pm - 20:00pm

Tuesday

Challenging Perceptions/Next Gen Youth Club 16:00pm-17:30pm

Taekwondo 18:00pm - 20:00pm

Thursday

Families in Telford (Tums & Tinies) 9:30am- 11:00am

Callisto Dance 17:30pm - 20:30pm

Friday

Playing together (Strengthening Families) 13:00pm - 14:30pm