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## St Mary's Catholic Primary School Newsletter

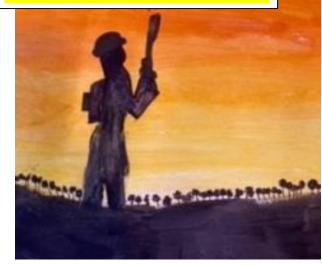
## Friday 10<sup>th</sup> November 2023







Take a look at just a handful of some of the amazing entries we had for 'Test our Best' Competition. Aren't they incredible?







# November is Cut Your Carbon month!

Eco-Schools is challenging all young people in



England to take action on their carbon footprint. Completing the 9 simple actions listed below with families and friends will raise awareness, change behaviours, and Cut Your Carbon - a greenhouse gas responsible for driving climate change.

Information about Cut You Carbon month will be shared with children in a special assembly, and they will be bringing home the '9 Challenges' sheet on Friday. So, grab a magnet, stick the sheet on your fridge, and get going... the time to act is now!

Please send the sheet back to school on <u>Friday 1st of December</u> so that we can celebrate everyone's contribution to Cut Your Carbon month.

Cut Your Carbon - 9 Challenges

1. Make at least one journey more sustainable.

2. Go meat-free for a day.

3. Have a no-food waste weekend.

4. Turn down the heating by 1° for a week.

5. Design a flight free holiday.

6. Say 'no' to a new item.

7. Donate something that you no longer need.

8. Substitute 4 baths for 4 showers and limit them to 4 minutes.

9. Share carbon-cutting advice with someone.



### WOOHOO... MONDAY 13<sup>TH</sup> NOVEMBER IS ODD SOCKS DAY!

#### WHAT IS ODD SOCKS DAY?

Odd Socks Day is part of Anti-Bullying Week! To celebrate that we are all unique, we ask that children wear odd socks to school on Monday 13th November. Last year over 13,000 schools took part in Odd Socks Day. Andy Day (CBeebies/ CBBC) and his band Andy and the Odd Socks are supporting the Anti-Bullying Alliance to help bring Odd Socks Day to life again this year. Have a listen to the brilliant song they have recorded especially for Anti-Bullying Week, Make a Noise.

#### WHY IS ODD SOCKS DAY IMPORTANT?

The day sends an important message to pupils that they should be allowed to be themselves free from bullying and helps us celebrate Anti-Bullying Week in a fun and positive way.

#### WHAT DO WE NEED FROM YOU?

It's so easy 😳 Here's what you do:



Make sure your child wears odd socks to school Donate £1 to help the Anti-Bullying Alliance carry on important work Monday

November

If you want to, you can share a photo online using **#OddSocksDay #AntiBullyingWeek** and tag **@abaonline** and **@AndyOddSock** on Twitter. Or **@antibullyingalliance** and **@andyandtheoddsocks** on Instagram.

#### THANK YOU, THANK YOU, THANK YOU!

Every penny goes to the Anti-Bullying Alliance to help continue all their work. We can't wait to see all the Odd Socks on Monday 13<sup>th</sup> November ...

If you have any questions please ask:



