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St Mary's Catholic Primary School Newsletter

Friday 1st December

An Advent Poem by John Bell

Light looked down and saw the darkness "I will go there" said light. Peace looked down and saw war. "I will go there said peace". Love looked down and saw hatred. "I will go there", said love. So he, The Lord of Light, The Prince of Peace, The King of love, Came down and crept in beside us.

@catholicbishops



The children were so beautifully behaved whilst walking to church and throughout the Mass. All of the readers were utterly excellent too – we were all very proud of everyone.

Mini-Vinnies Fundraiser for CAFOD

This Advent, the Mini-Vinnies would like St Mary's to support CAFOD and raise money for World Gifts.

CAFOD is the Catholic Agency for Overseas Development, a charity that helps the poorest, most hard-to-reach people around the world

World Gifts are a great way for pupils to learn about the joy of giving, and they help to transform the lives of people living in poverty around the world. Your child will learn about how global gifts such as cows, solar lamps and water for a family help to change lives.

We have chosen to support CAFOD as a way for our pupils to put their faith into action. By raising money for World Gifts this Advent, we will be supporting our brothers and sisters around the world, inspiring our pupils to become active global citizens and living out our school mission.

For our Advent fundraiser, we are asking children to bring in a coin, or coins which the Mini Vinnies will use to spell out the word 'Advent' using a large outline on the ground. These coins will then be counted and the Mini-Vinnies can decide which world gifts St Marys will be able to donate to people in need. There are examples of some of the World Gifts that are available overleaf.

Entrance to our Christmas performances is totally free, but if you would like to make a donation to CAFOD, our Mini-Vinnies will welcome any donations, small or large. Kindly bring cash for donations.

You can find out more about CAFOD together as a family by visiting <u>cafod.org.uk/families</u>

Thankyou for your support

Mrs Rushton and the Mini-Vinnies

Scarlet Fever- Message from Telford and Wrekin

We are starting to see cases of scarlet fever again in Telford schools, so we're bringing the matter to your attention to raise awareness.

What is really important to prevent scarlet fever potentially turning from a mild illness to something life-threatening, is early diagnosis and treatment. Therefore, making parents aware of the signs and symptoms and any cases you may have is important.

Signs and symptoms of scarlet fever

The early symptoms of scarlet fever include sore throat, headache, fever, nausea and vomiting. After 12 to 48 hours the characteristic red, pinhead rash develops, typically first appearing on the chest and stomach, then rapidly spreading to other parts of the body, and giving the skin a sandpaperlike texture. The scarlet rash may be harder to spot on darker skin, although the 'sandpaper' feel should be present. Patients typically have flushed cheeks and pallor around the mouth. This may be accompanied by a 'strawberry tongue'. As the child improves peeling of the skin can occur.

NHS information, including photos of the condition, is available on the <u>NHS Scarlet Fever Website</u>.

Single cases should be advised to seek advice from their GP.

Choir



Our little choir sang for the residents of Madeley Rest Rooms. Their audience were so touched, some were visibly moved. Such tremendous singers, what a lovely thing to do for others and such a

beautiful way to celebrate the first day of Advent.





<u>Holocaust Memorial</u> <u>Day 2024</u>

Holocaust Memorial Day, Saturday 27 January 2024, is an annual commemoration of those who lost their lives in the Holocaust and subsequent genocides such as Cambodia, Darfur and Bosnia.

This year's theme is 'Fragility of Freedom'.

Freedom means different things to different people. What is clear is that in every genocide that has taken place, those who are targeted for persecution have had their freedom restricted and removed.

HMD 2024 also marks the 30th anniversary of the genocide against the Tutsi in Rwanda. 49 years after the Holocaust ended, 19 years after the genocide in Cambodia, the world stood by as Hutu extremists shattered the fragile freedom.

Message from the council

Council teams up with young people to launch emotional wellbeing survey as part of "Year of Wellbeing" campaign

As part of the "Young Person's Year of Wellbeing" campaign launched earlier this year, Telford & Wrekin Council and the Young People's Forum are urging borough youngsters aged 11-17 years old to take part in an emotional wellbeing survey.

The survey asks young people aged 11-17 living in Telford and Wrekin on their views on a range of themes that can impact their feelings and emotional wellbeing.

It can be completed at www.telford.gov.uk/youngpersonswellbeing or by calling the council's Public Health team on 01952 384200 (between 9am – 5pm)

The survey is open until Friday, 22 December 2023.

The outcomes of the survey will help focus the council's work with schools and local partners (such as the NHS) on tackling emotional and mental health issues that borough youngsters face the most.

The survey results will also be used to further develop the mental health support available for young people and their families in the borough, as part of the Young Person's Year of Wellbeing campaign. Councillor Kelly Middleton (Lab), Cabinet Member for healthy, safer, stronger communities and partnerships said: "What makes you happy?

"What do you do to keep fit and healthy?"

"How would you describe your mental health at the moment?

"These are some of the questions that our council, together with the young people from the Young People's Forum, are asking youngsters aged 11-17 in our borough, as part of our emotional wellbeing survey.

"We want to encourage as many young people aged 11-17 as possible to take part in the survey.

"This will help us to steer our local mental health support and our work with local partners to meet the needs of the young people.

"The survey is part of our Young Person's Year of Wellbeing campaign, which gives young people across the borough helpful tips they can easily put into practice to enhance their wellbeing.

"If you are a young person aged 11-17, please fill in the survey and sign up to our Young People campaign – all details are on www.telford.gov.uk/youngpersonswellbeing

""This is your year to feel more resilient, happier, healthier and empowered to take action for your wellbeing.

"We are also asking parents, carers, schools, local organisations to please help us share this survey with the young people – thank you all for your support."

Rae Anyidoho, a representative from the Young People's Forum and the elected Member of Youth Parliament for Telford and Wrekin said: "Over the period of the last year, the Young People's Forum has been holding discussions around what young people in our borough believe to be the biggest issue and what areas needed the most support.

"After lengthy conversations and a national ballot taking place, mental health was what came out on top.

"The Young People's Forum have had the chance to work closely with the council in order to shape the "Young Person's Year of Wellbeing" campaign.

"As part of this campaign, we are excited to launch now, together with the council, an emotional wellbeing survey, that we encourage all the borough's young people aged 11 -17 to complete. "

To fill in the young people's emotional wellbeing survey and to join the "Young Person's Year of Wellbeing" campaign, visit the website.

Notes:

• The "Young Person's Year of Wellbeing" campaign builds on the success of the council's "Year of Wellbeing" campaign that has encouraged, over the past two years, over 2,000 people in the borough to pledge to improve their wellbeing.

This campaign gives young people across the borough practical tips and advice they can relate to and use in their day-to-day life to enhance their wellbeing.

• Young People's Forum is a consultation action group organised by the Council for 11-18 year olds from across the borough.

The forum meets every fortnight at The Wakes in Oakengates and shares ideas on various issues that matter to them. They also help shape decision making in the borough on a range of topics and Council's services.

Anyone in our borough aged 11 to 18 is welcome to join the Young People's Forum

To find out more, visit the council's website.

There's no need for children to stay off school or to wash laundry on a hot wash.



Our school's menu can be viewed here:

https://www.telford.gov.uk/downloads/file/388/st marys primary school menu



Date	Activity	Notes
05.12.23	KS1 Christmas Performances	More information to follow
07.12.23	KS2 Christmas Performances	More information to follow
14.12.23	Christmas Dinner	
20.12.23	Year 6 – Height and Weight	
21.12.23	Children break-up for Christmas	
22.12.23	PD Day	
08.01.23	PD Day	
09.01.23	Children return to school	