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| Year Group | Subject Coverage | Time | 10:10 Resource No. / Independent |
| Reception | Story of Creation – created individually by God; we are all God’s children; our bodies were created by God; we can give thanks to God | 5 x 15 mins (1 unit) | EYFS Module 1, Unit 1 |
|  | I am Me – celebrating differences | 1 session | EYFS Module 1, Unit 2, Session 1 |
|  | Head, Shoulders, Knees and Toes – body parts and privates | 1 session | EYFS Module 1, Unit 2, Session 2 |
|  | Ready Teddy – healthy lifestyles | 1 session | EYFS Module 1, Unit 2, Session 3 |
|  | I like, you like, we like – common likes and dislikes | 1 session | EYFS Module 1, Unit 3, Session 1 |
|  | All the feelings | 1 session | EYFS Module 1, Unit 3, Session 2 |
|  | Let’s get real – actions have consequences, saying sorry | 1 session | EYFS Module 1, Unit 3, Session 3 |
|  | Growing up – understanding the past and what happens as we get older | 1 session | EYFS Module 1, Unit 4, Session 1 |
|  | Role models – Jesus washing his disciples’ feet | 1 session | EYFS Module 2, Unit 1 |
|  | Who’s who? Special people | 1 session | EYFS Module 2, Unit 2, Session 1 |
|  | You’ve got a friend in me | 1 session | EYFS Module 2, Unit 2, Session 2 |
|  | Forever friends | 1 session | EYFS Module 2, Unit 2, Session 3 |
|  | What is the Internet? | 1 session | EYFS Module 2, Unit 3, Session 1 |
|  | Playing online | 1 session | EYFS Module 2, Unit 3, Session 2 |
|  | Safe inside and outside | 1 session | EYFS Module 2, Unit 4, Session 1 |
|  | My Body, My Rules (NSPCC PANTS) | 1 session | EYFS Module 2, Unit 4, Session 2 |
|  | Feeling poorly – medicines are drugs | 1 session | EYFS Module 2, Unit 4, Session 3 |
|  | People who help us – emergency services | 1 session | EYFS Module 2, Unit 4, Session 4 |
|  | God is love – the Trinity | 1 session | EYFS Module 3, Unit 1, Session 1 |
|  | Loving God, loving others (feeding of the 5,000) | 1 session | EYFS Module 3, Unit 1, Session 2 |
|  | Me, You, Us – responsibility to people and the planet | 1 session | EYFS Module 3, Unit 2, Session 1 |
|  | Remembrance – good and sad memories | 1 session | Independent |
|  | Election of school council | 1 session | Independent |
|  | Exploring why we need money | 1 session | My Money |
|  | The people who are in my family | 1 session | Independent |
|  | Keeping fit and healthy – the importance of exercise | 1 session | Independent / PE |
|  | Road safety – what uses the road? | 1 session | Independent |
| 1 | Let the little children come – feeling left out; God welcomes us individually; Jesus knows, cares and has time for us; The Kingdom of Heaven; Thanking God in body, mind and spirit. | 5 x 15 mins (1 unit) | KS1 Module 1, Unit 1 |
| I am Unique | 1 session | KS1 Module 1, Unit 2, Session 1 |
| Feelings, Likes and Dislikes | 1 session | KS1 Module 1, Unit 3, Session 1 |
| Cycle of Life – the human life cycle | 1 session | KS1 Module 1, Unit 4, Session 1 |
| Special people – trust, talking to them; treating others well (appropriate and inappropriate behaviour); saying sorry. | 3 sessions | KS1 Module 2, Unit 2, Sessions 1-3 |
| Real life online – Internet for KS1 | 1 session | KS1 Module 2, Unit 3, Session 1 |
| Good and bad secrets | 1 session | KS1 Module 2, Unit 4, Session 1 |
| Physical Contact – PANTS (NSPCC) | 1 session | KS1 Module 2, Unit 4, Session 2 |
| Harmful substances – smoke, drink, tablets | 1 session | KS1 Module 2, Unit 4, Session 3 |
| Duties around the home – helping others | 1 session | Independent |
| Remembrance – the meaning of the service and people who keep us safe | 1 session | Independent |
| Election of school council | 1 session | Independent |
| Earning money and the way it makes me feel | 1 session | My Money |
| The benefits of spending time outdoors | 1 session | Independent |
| Families are important – love, security and stability | 1 session | Independent |
| The characteristics of friendship: respect, truth, loyalty, kindness, generosity, shared interests, support | 2+ sessions | Independent |
| How to improve respectful relationships – practical steps | 1 session | Independent |
| Building a weekly routine of exercise | 1 session | Independent |
| Road safety – being a pedestrian / using pavements and crossings / wearing a seatbelt in the car / using a car seat | 3 sessions | Independent / Outdoor Learning |
| 2 | Girls and Boys – similarities and differences (body parts) | 1 session | KS1 Module 1, Unit 2, Session 2 |
| Clean and Healthy – healthy lifestyles – PE, dental, eating, sleep, rest, personal hygiene | 1 session | KS1 Module 1, Unit 2, Session 3 |
| Feelings Inside | 1 session | KS1 Module 1, Unit 3, Session 2 |
| Anger and the consequences of choice (Super Suzy gets angry) | 1 session | KS1 Module 1, Unit 3, Session 3 |
| Beginnings and Ends – birth and death | 1 session | KS1 Module 1, Unit 4, Session 2 |
| Nothing stops God loving us – The Prodigal Son | 1 session | KS1 Module 2, Unit 1, Session 1 |
| Rules to help us – the difference between real and online (staying safe) | 1 session | KS1 Module 2, Unit 3, Session 2 |
| Physical Contact Recap Lesson (from Year 1) PANTS – NSPCC | 1 session | KS1 Module 2, Unit 4, Session 2 |
| Can you help me? Calling 999 / Basic 1st Aid | 2 sessions | KS1 Module 2, Unit 4, Session 4 & 5 |
| Trinity | 1 session | KS1 Module 3, Unit 1, Session 1 |
| The Good Samaritan – helping our neighbours | 1 session | KS1 Module 3, Unit 1, Session 2 |
| Belonging to local and global communities | 1-2 sessions | KS1 Module 3, Unit 2, Session 1 / Lyfta |
| Duty to care for the world | 1 session | Independent |
| Remembrance – exploring remembrance through art, music, photos and film | 1+ sessions | Independent |
| Election of school council | 1 session | Independent |
| Difference between wants and needs; savings and charitable giving | 2 sessions | My Money |
| The benefits of community participation | 1 session | Independent |
| The characteristics of healthy family life – commitment, protection, care and spending time together | 1 session | Independent |
| Healthy friendships are positive and welcoming and do not make others feel lonely or excluded | 1 session | Independent |
| The conventions of courtesy and manners | 1 session | Independent |
| Benefits of rationing time on the Internet – the risks of excessive time | `1 session | Independent |
| Road safety – pedestrian training – stop, look, listen, think when walking and cycling | 1 session | Independent / Outdoor Learning |
| 3 | Get up – Jairus’ daughter | 5 x 15 mins | LKS2, Module 1, Unit 1, Session 1 |
| We don’t have to be the same – choices affecting similarities and differences | 1 session | LKS2, Module 1, Unit 2, Session 1 |
| Respecting our bodies through what we eat, wear and do | 1 session | LKS2, Module 1, Unit 2, Session 2 |
| What am I feeling? Emotional well-being | 1 session | LKS2, Module 1, Unit 3, Session 1 |
| I am thankful – feelings and pressure and resilience | 1 session | LKS2, Module 1, Unit 3, Session 3 |
| Life cycles – life is in the womb | 1 session | LKS2, Module 1, Unit 4, Session 1 |
| Family, friends and others – when relationships go wrong | 1 session | LKS2, Module 2, Unit 2, Session 1 |
| When things feel bad | 1 session | LKS2, Module 2, Unit 2, Session 2 |
| Making right choices – drugs, alcohol | 1 session | LKS2, Module 2, Unit 4, Session 2 |
| First Aid Heroes – being quick reactors | 1 session | LKS2, Module 2, Unit 4, Session 3 |
| Community of love and the Trinity | 1 session | LKS2, Module 3, Unit 1, Session 1 |
| What is the Church? | 1 session | LKS2, Module 3, Unit 1, Session 2 |
| Remembrance – the music of remembrance | 1 session | Independent |
| Election of school council | 1 session | Independent |
| Affordability / sources of money / poverty and riches across the world | 2 sessions | My Money |
| The benefits of voluntary and service based activities – beavers, scouts, cubs, brownies, etc. | 1 session | Independent |
| How families look different in our school and our world | 1 session | Independent |
| Repairing and strengthening friendships | 1 session | Independent |
| The importance of self respect leading to happiness | 1 session | Independent |
| What constitutes a healthy diet / planning a meal / characteristics of a poor diet leading to obesity | 3 sessions | Independent |
| The risks associated with an inactive lifestyle | 1 session | Independent |
| 4 | Growing in good deeds and human virtues – the sacraments | 1 session | LKS2, Module 1, Unit 1, Session 2 |
| What am I looking at? Stereotypes | 1 session | LKS2, Module 1, Unit 3, Session 2 |
| A time for everything – death, grief and life after it | 1 session | LKS2, Module 1, Unit 4, Session 2 |
| Types of sin and forgiveness in relationships | 4 x 15 mins | LKS2, Module 2, Unit 1, Session 1 |
| Sharing online – photos, passwords, personal info (NSPCC Share Aware) | 1 session | LKS2, Module 2, Unit 3, Session 1 |
| Chatting Online – cyberbullying and inappropriate messaging | 1 session | LKS2, Module 2, Unit 3, Session 2 |
| How do I love others? Love in action through church into the community | 1 session | LKS2, Module 3, Unit 2, Session 1 |
| Remembrance – the armed services – who they are and their youth associations | 1 session | Independent |
| Election of school council | 1 session | Independent |
| Savings accounts / places money can go / value for money | 2 sessions | My Money |
| Parliament – how parliament functions / examining inside a government red box | 2 sessions | Independent |
| Giant walk for schools – raising global eco awareness | 1 session | Outdoor learning |
| The benefits of hobbies and interests | 1 session | Independent |
| Resorting to violence when friendships go wrong is never right | 1 session | Independent |
| Respecting others even when they’re different (character, physical backgrounds, choices, beliefs) | 1 session | Independent |
| The mental benefits of a physical exercise routine | 1 session | Independent |
| Social media – why some games are age restricted | 1 session | Independent |
| Where and how to report concerns and get support online | 1 session | Independent |
| Road safety – understanding road signs, shapes, colours and meanings | 1 session | Independent |
|  | The work of CAFOD | 1 session | Independent |
| 5 | The storms of life (calming the storm) | 5 x 15 mins | UKS2, Module 1, Unit 1, Session 1 |
| Peculiar feelings – inappropriate behaviours which corrupt family and friendships | 1 session | UKS2, Module 1, Unit 3, Session 2 |
| Emotional changes – feelings that feel uncomfortable | 1 session | UKS2, Module 1, Unit 3, Session 3 |
| God’s call on your life – Zacchaeus | 1 session | UKS2, Module 2, Unit 1, Session 1 |
| Do you want a piece of cake? Consent | 1 session | UKS2, Module 2, Unit 2, Session 2 |
| Self Talk – self pressure | 1 session | UKS2, Module 2, Unit 3, Session 3 |
| Sharing isn’t always caring – sensible decisions about what to share and not share online | 1 session | UKS2, Module 2, Unit 3, Session 1 |
| Impacted Lifestyles – harmful substances | 1 session | UKS2, Module 2, Unit 4, Session 2 |
| The Trinity – the Holy Spirit working through you | 1 session | UKS2, Module 3, Unit 1, Session 1 |
| Remembrance – the symbol of the poppy and the history associated with it | 1 session | Independent |
| Election of school council | 1 session | Independent |
| Debit and credit options – making informed and fair choices | 1 session | My Money |
| Giant walk for schools – raising eco-global awareness | 1 session | Outdoor learning |
| The benefits of rest and spending relaxation time with family and friends | 1 session | Independent |
| Marriage (available to both opposite and same sex couples) and civil partnerships represent a formal and legal commitment of two people to each other – intended to be life-long | 1 session | Independent |
| How to recognise who to trust and not to trust within friendships and how to manage feelings of unhappiness | 2 sessions | Independent |
| Expecting to be treated with respect by others including those in positions of authority | 1 session | Independent |
| The effect of rules and consequences – recognising legality of responsibility | 1 session | Off with her head – Cornerstones |
| Seeking support in school when you’re worried about your health | 1 session | Independent |
| Social media – the importance of keeping personal information private and the dangers posed | 1 session | Independent |
| Road safety – the responsibilities of being a passenger – speaking out when you feel unsafe or for handling risk | 1 session | Independent |
| Tae Kwondo and the process of defence (anti-bullying) | 1 session | Independent / P.E. |
| 6 | Paradise Street sessions are covered in the RSE document | 8 sessions | UKS2, Module 1, Unit 2, Sessions 1-4  UKS2, Module 1, Unit 3, Session 1  UKS2, Module 1, Unit 4, Sessions 1-3 |
| Hope beyond death | 1 session | UKS2, Module 1, Unit 4, Session 4 |
| Under pressure – spoken and unspoken | 1 session | UKS2, Module 2, Unit 2, Session 1 |
| Building others up – Equality Act, prejudice and discrimination | 1 session | UKS2, Module 2, Unit 2, Session 4 |
| Cyberbullying – reporting inappropriate messages | 1 session | UKS2, Module 2, Unit 3, Session 2 |
| Types of Abuse – 4 types and their rights | 1 session | UKS2, Module 2, Unit 4, Session 1 |
| Impacted lifestyles – substances that are harmful | 1 session | UKS2, Module 2, Unit 4, Session 2 |
| Making good choices – pressure in taking drugs, alcohol and tobacco | 1 session | UKS2, Module 2, Unit 4, Session 3 |
| Giving assistance | 1 session | UKS2, Module 2, Unit 4, Session 4 |
| Principles of Catholic Social Teaching | 1 session | UKS2, Module 3, Unit 1, Session 2 |
| Reaching Out | 1 session | UKS2, Module 3, Unit 2, Session 1 |
| I have a dream | 1 session | Theatre workshop |
| Careers Carousel experience | 1 session | Tbc |
| Remembrance – leaving a legacy – is war ever justifiable? | 1 session | Independent |
| Election of school council | 1 session | Independent |
| Earnings and wages of different people / making choices / making money benefit everyone | 1-2 sessions | My Money |
| Raising money for a heart charity | 2-3 sessions | Independent |
| Giant walk for eco-global awareness | 1 session | Independent |
| Isolation and loneliness can affect children and the need to discuss feelings with an adult | 1 session | Independent |
| Managing conflicts with others | 1 session | Independent |
| The impact of bullying and the responsibilities of bystanders | 1 session | Independent |
| How stereotypes can be unfair, negative or destructive | 1 session | Independent |
| Courtroom drama game – guilt and innocence / role of a jury | 1 session | Independent |
| Road safety – understanding the essence of the Highway Code – planning a route to secondary school | 1-2 sessions | Independent |
| Cycle Training | Tbc | tbc |