

**St Mary's Catholic Primary School**

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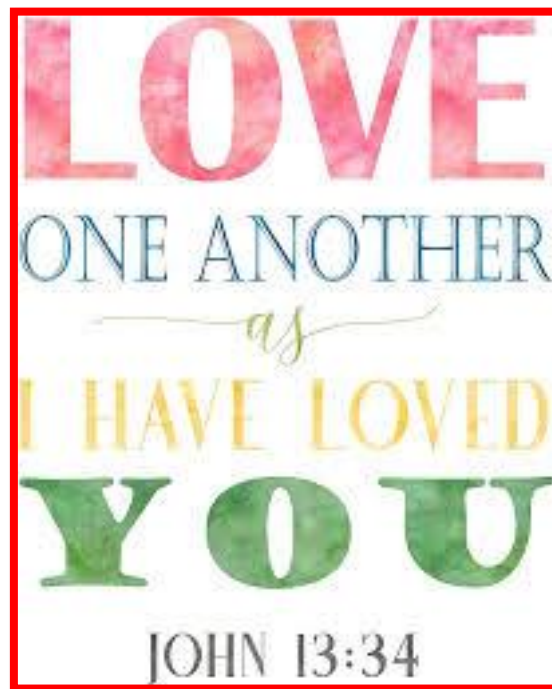
Headteacher: Samantha Griffiths

Assistant Headteacher: Helen Lambie

School Business Manager: Nicola Pryce

St Mary's Catholic Primary School Newsletter

Friday 26<sup>th</sup> April 2024



Bus Stop Parking

Could we please kindly ask again that you do not park in the bus stop as local buses, buses for trips, sporting events and swimming are struggling to park safely. Thank you so much for your anticipated support with this.

## Head lice and nits

Head lice and nits are very common in young children and their families. They do not have anything to do with dirty hair and are picked up by head-to-head contact.

Check if it's head lice



Head lice are small insects, up to 3mm long.



They can be difficult to spot in your hair.



Head lice eggs (nits) are brown or white (empty shells) and attached to the hair.

Head lice can make your head feel:

- itchy
- like something is moving in your hair

The only way to be sure someone has head lice is by finding live lice.

You can do this by combing their hair with a special fine-toothed comb (detection comb). You can buy these online or at pharmacies.

How to get rid of head lice

Treat head lice as soon as you spot them. You can treat head lice without seeing a GP.

You should check everyone in the house and start treating anyone who has head lice on the same day.

There's no need to keep your child off school if they have head lice.

Wet combing

Lice and nits can be removed by wet combing. You can buy a special fine-toothed comb (detection comb) online or from pharmacies to remove head lice and nits.

There may be instructions on the pack, but usually you:

- wash hair with ordinary shampoo
- apply lots of conditioner (any conditioner will do)
- comb the whole head of hair, from the roots to the ends

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

Medicated lotions and sprays

If wet combing has not worked or is not suitable, you could try a medicated lotion or spray. These kill head lice in all types of hair, and you can buy them from pharmacies, supermarkets or online.





Head lice should die within a day. Some lotions and sprays come with a comb to remove dead lice and eggs.

Some treatments need to be repeated after a week to kill any newly hatched lice.

Check the pack to see if they're OK for you or your child and how to use them.

If lotions or sprays do not work, speak to a pharmacist about other treatments.

Some treatments are not recommended because they're unlikely to work.

For example:

- products containing permethrin
- head lice "repellents"
- electric combs for head lice
- tree and plant oil treatments, such as tea tree oil, eucalyptus oil and lavender oil herbal remedies

Information:

The charity Community Hygiene Concern has a [video about wet combing for head lice](#).

You cannot prevent head lice

There's nothing you can do to prevent head lice.

You can help stop them spreading by wet or dry combing regularly to catch them early.

Do not use medicated lotions and sprays to prevent head lice. They can irritate the scalp.

There's no need for children to stay off school or to wash laundry on a hot wash.

### [Sporting Events](#)

Mrs Brazier, our PE coordinator, has been taking groups of children out to sporting events across Telford. The events usually demand the 8 to 12 children go at a time. These have been hugely successful events and very

much enjoyed by the children that take part. We aim to take as many children as possible to these events so they can be enjoyed across all your grapes. Most recently, a group of our year two children went out for multi-skills event. They engaged brilliantly throughout all the tasks, remaining energised and positive throughout. Mrs Brazier commented on how brilliantly behaved the children were, practising good listening skills and beautiful manners throughout the day. Parents, you would have been incredibly proud.

### Abuse of teachers and school staff on the rise nationally

It is so incredibly upsetting to hear that schools are reporting increasing incidents of online or remote abuse by parents across all leading social media platforms as well as by email, WhatsApp,



telephone, and text messaging. Over the years, parents have tried to make our school aware of any active online abuse by emailing over screenshots of things that have been shared in class WhatsApp groups and Facebook.

Online abuse by parents can happen on any digital communications platform, including:

- social networks;
- text messages and messaging apps;
- email and private messaging;
- online chats;
- comments on live streaming sites and during live online lessons; and
- voice chat in games.

School staff may also suffer further harm when abusive content is recorded, uploaded, or shared by others online.

Online abuse or cyber harassment is the use of information and communications technologies by an individual or group to cause harm to another person. Such behaviour often involves uninvited, intimidating, defamatory comments, offensive comments or replies, images or other



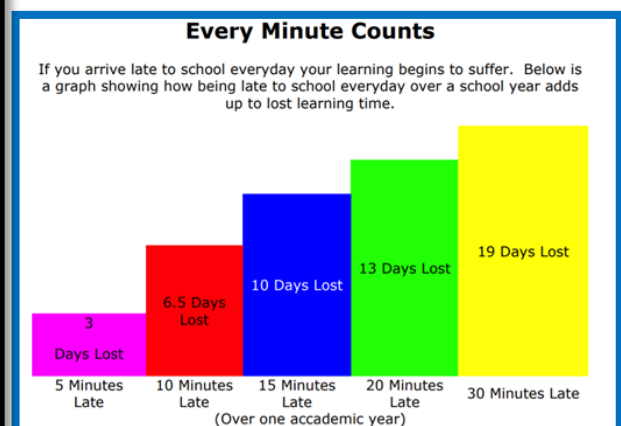
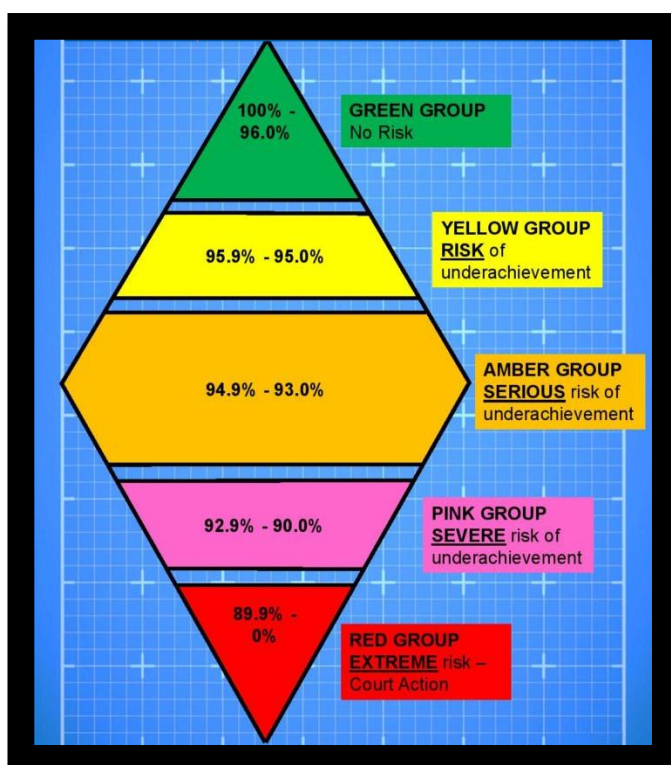
content used to attack, intimidate, threaten, or upset an individual personally. Parents can find themselves in 'the thick of it' by liking, commenting upon, or sharing the post.

It is important to know that such harassment of staff may constitute a criminal offence. It is being taken extremely seriously by school employers and governors across the country who have a duty to protect the health, safety, and wellbeing of staff.

It is important to note that online abuse by parents is a serious offence and is being treated as such.

If you become aware of anyone tempted to write things online about staff or the schools their children attend and you can intervene, please encourage them to meet with a senior leader in school so any issues, upset, or frustrations can be addressed.

## Attendance Check





9 <sup>th</sup> May	Year 1 Curriculum Assembly for Parents 8.45am
13 <sup>th</sup> June	Reception Curriculum Assembly for Parents 8.45am

Our school's menu can be viewed here:

[https://www.telford.gov.uk/downloads/file/388/st\\_marys\\_primary\\_school  
\\_menu](https://www.telford.gov.uk/downloads/file/388/st_marys_primary_school_menu)

Increase our use of sustainable items.  
All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.



# Week 1

# Week 2

# Week 3

<p><b>Monday</b></p> <p>Sausage Roll Farm Assured Sausage encased in Puff Pastry</p> <p>Vegetarian Roll V</p> <p>Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Sponge and Custard</p>	<p><b>Monday</b></p> <p>Pork Sausage Farm Assured Sausage served with Rich and Tasty Gravy with a Mini Yorkshire Pudding</p> <p>Roasted Vegetables and Beans served with Rich and Tasty Gravy with a Mini Yorkshire Pudding V</p> <p>Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Frita Bread</p> <p>Sponge and Custard</p>	<p><b>Monday</b></p> <p>Chicken Curry Farm Assured Chicken cooked in a Chef's Curry Sauce</p> <p>Vegetable and Garlic Noodles V</p> <p>Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Jelly and Cream</p>	<p><b>Monday</b></p> <p>Chicken Dunkers Farm Assured Chicken in Natural Breadcrumbs</p> <p>Vegetarian Nugget V</p> <p>Saute Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Sponge and Custard</p>	<p><b>Monday</b></p> <p>Traditional Roast with Rich and Tasty Gravy Farm Assured Sliced Meat</p> <p>Vegetarian filled Yorkshire Pudding V</p> <p>Creamed Potato, Roast Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Jelly and Cream</p>
<p><b>Tuesday</b></p> <p>Beef Burger Farm Assured Minced Beef Pattie served in a Soft Bread Roll</p> <p>Vegetarian Burger Served in a Soft Bread Roll V</p> <p>Saute Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Ginger Cake</p>	<p><b>Tuesday</b></p> <p>Cheese and Tomato Pizza V</p> <p>Cheese and Potato Pie V</p> <p>Savoury Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Cookie</p>	<p><b>Tuesday</b></p> <p>Spaghetti Bolognese Farm Assured Minced Beef cooked in a Chef's Rich and Tasty Tomato Sauce</p> <p>Macaroni Cheese Pasta in a Chef's Creamy Cheese Sauce V</p> <p>Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Iced Cookie</p>	<p><b>Tuesday</b></p> <p>Spaghetti Bolognese Farm Assured Minced Beef cooked in a Chef's Rich and Tasty Tomato Sauce</p> <p>Macaroni Cheese Pasta in a Chef's Creamy Cheese Sauce V</p> <p>Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Iced Cookie</p>	<p><b>Tuesday</b></p> <p>Battered Fillet of Fish White Fillet coated in a light batter or Fish Cake</p> <p>Cheese and Onion Paste V</p> <p>Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread</p> <p>Cupcake Selection</p>
<p><b>Wednesday</b></p> <p>Big Breakfast Pork Sausage Farm Assured, Bacon, Free Range Scrambled Egg</p> <p>Vegetarian Sausage, Free Range Scrambled Egg V</p> <p>Potato Waffles, Seasonal Vegetable Selection, Bread</p>	<p><b>Wednesday</b></p> <p>Big Breakfast Pork Sausage Farm Assured, Bacon, Free Range Scrambled Egg</p> <p>Vegetarian Sausage, Free Range Scrambled Egg V</p> <p>Potato Waffles, Seasonal Vegetable Selection, Seasonal Salad</p>	<p><b>Wednesday</b></p> <p>Big Breakfast Pork Sausage Farm Assured, Bacon, Free Range Scrambled Egg</p> <p>Vegetarian Sausage, Free Range Scrambled Egg V</p> <p>Potato Waffles, Seasonal Macarons, Seasonal Salad</p>	<p><b>Wednesday</b></p> <p>Big Breakfast Pork Sausage Farm Assured, Bacon, Free Range Scrambled Egg</p> <p>Vegetarian Sausage, Free Range Scrambled Egg V</p> <p>Potato Waffles, Seasonal Macarons, Seasonal Salad</p>	<p><b>Wednesday</b></p> <p>Battered Fillet of Fish White Fillet coated in a light batter or Fish Cake</p> <p>Cheese and Onion Paste V</p> <p>Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread</p>
<p><b>Thursday</b></p> <p>Meatballs in Gravy or Tomato Sauce</p> <p>Vegetarian Balls V</p> <p>Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Cupcake Selection</p>	<p><b>Thursday</b></p> <p>Meatballs in Gravy or Tomato Sauce</p> <p>Vegetarian Balls V</p> <p>Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Cupcake Selection</p>	<p><b>Thursday</b></p> <p>Meatballs in Gravy or Tomato Sauce</p> <p>Vegetarian Balls V</p> <p>Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Cupcake Selection</p>	<p><b>Thursday</b></p> <p>Meatballs in Gravy or Tomato Sauce</p> <p>Vegetarian Balls V</p> <p>Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Cupcake Selection</p>	<p><b>Thursday</b></p> <p>Battered Fillet of Fish White Fillet coated in a light batter or Fish Cake</p> <p>Cheese and Onion Paste V</p> <p>Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread</p>
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