

St Mary's Catholic Primary School

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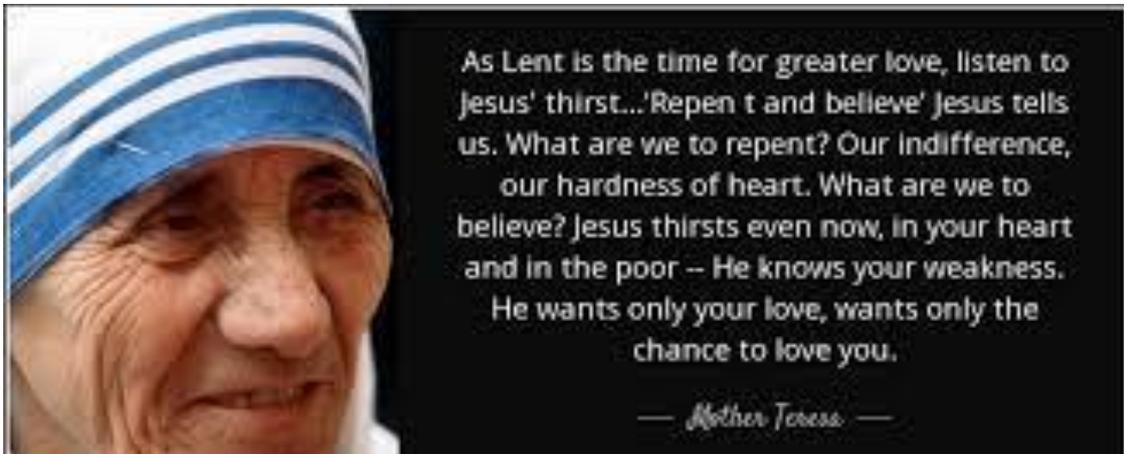
Headteacher: Samantha Griffiths

Assistant Headteacher: Helen Lambie

School Business Manager: Nicola Pryce

St Mary's Catholic Primary School Newsletter

Friday 15th March 2024



School Photographer

The photographer is in school on Thursday the 21st of March, for families with pre-school children who would like a family photograph please come to the main Reception door for 8.30am, where the office staff will see you in.

All sibling photos will be taken throughout the morning.

Please ensure that children are wearing their blue cardigan's and sweatshirts.

Thank you

We have kindly had 20 chocolate rabbits and 12 chocolate egg parental donations for our Easter Egg Hunt. If you can donate an egg, that would be just amazing. Please ensure they are peanut-free.

Lent Walk

We raised over £150 yesterday. The children did magnificently. Savannah, pictured below and a few other children donated their pocket money which was such a kind thing to do. One of our older boys wanted to give us £20, but we settled on a fiver in the end!!! We were so incredibly proud of everyone.

We



raised over Message from TAW: New Youth Offer website aims to help young people to get out and about

Telford & Wrekin Council has launched a new website to help young people aged 11 to 18 and up to 25 with additional needs in the borough discover fun and exciting activities to improve their physical and mental wellbeing.

The new Youth Offer website is a hive of information when it comes to finding things to do in Telford and Wrekin. Youth clubs, holiday activities and sports clubs are just some of the activities which young people can now search for in their local area. The website promotes activities provided by partners across Telford and Wrekin to ensure young people are aware of and have access to activities in their local area.

Parents, carers and education professionals are encouraged to share the new website directory with young people to inspire them to try something new.

Councillor Paul Watling (Lab) cabinet member for adult social care and health systems said: "There are so many youth activities, clubs and groups that are available right across Telford and Wrekin. This new website now makes it easier for our youngest residents to find things to do in their spare time which are in a safe and relaxed environment.

"The benefits of taking part in the activities are far greater than just physical health. Many of these activities will enable our young people to discover talents, build confidence and find new friendships and that's why it is so important that we share this information and encourage them to get involved."

The new website marks the launch of Telford and Wrekin's new Youth Partnership which includes strategic leads from many partners including Telford and Wrekin Council, West Mercia Police, Youth Offending Service, Shropshire Fire and Rescue Service, Public Health, Telford MIND, Town and Parish Council representation and voluntary sector services as well as a young person representative to ensure young people's voices are heard. The partnership is committed to developing and expanding the local youth offer in the borough; ensuring that activities and youth provision in the local

area is linked to health and wellbeing; education, employment and training; arts; culture; and participation.

The new Youth Offer website can be found at <https://youthoffer.telford.gov.uk/>

Message from the Health Hub

We've been asked by the Health Protection Hub at Telford & Wrekin Council to send out some information regarding whooping cough. There has been a continued increase in whooping cough (pertussis) cases at the start of this year, with 553 confirmed in England in January, compared with 858 cases for the whole of last year (2023). The current increase is coming at a time when there has been a steady decline in uptake of the vaccine in pregnant women and in children.

Whooping cough is a bacterial infection which affects the lungs. The first signs of infection are similar to a cold, such as a runny nose and sore throat, but after about a week, the infection can develop into coughing bouts that last for a few minutes and are typically worse at night. Young babies may also make a distinctive "whoop" or have difficulty breathing after a bout of coughing. More detailed information is available here:

<https://www.nhs.uk/conditions/whooping-cough/>

Whooping cough can affect people of all ages but for very young infants, it can be particularly serious. However, you can help protect your children by ensuring they receive their vaccines at the right time or catching up as soon as possible if they have missed any. If you're unsure, please check your child's red book or get in touch with your GP surgery. In addition, vaccinating pregnant women is highly effective in protecting babies from birth until they can receive their own vaccines.

The whooping cough vaccine is routinely given as part of the:

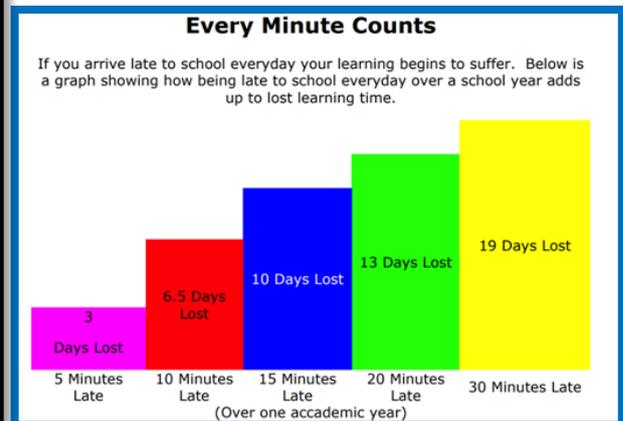
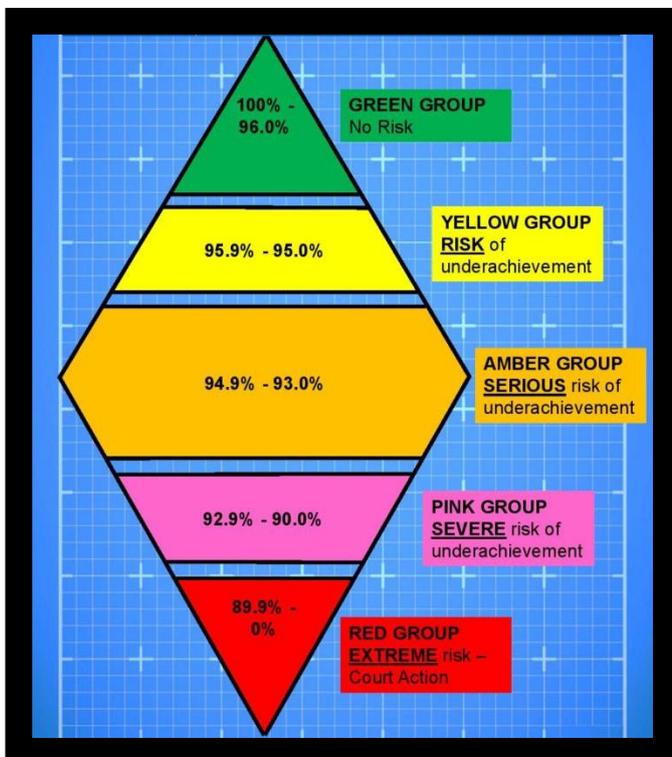
- **6-in-1 vaccine – for babies at 8, 12 and 16 weeks**
- **4-in-1 pre-school booster – for children aged 3 years 4 months**

If you're pregnant you should also have the whooping cough vaccine – ideally between 16 and 32 weeks. Find out more about the whooping cough vaccination in pregnancy

If anyone in your family is diagnosed with whooping cough, it's important they stay at home and do not go into work, school or nursery until 48 hours after starting antibiotics, or 3 weeks after symptoms start if they have not had antibiotics. This helps to prevent the spread of infection, especially to vulnerable groups. However, vaccination remains the best protection for babies and children.

If you have any queries, please don't hesitate to contact the Health Protection Hub at HealthProtectionHub@telford.gov.uk

Attendance Check





20 th March	Year 6 Shropshire Hills Trip
21 st March	School Photographs Whole School Easter Egg Hunt
22 nd March	Whole School Easter Bonnet Parade
18 th April	Year 6 Curriculum Assembly for Parents 8.45am
9 th May	Year 1 Curriculum Assembly for Parents 8.45am
16 th May	Reception Curriculum Assembly for Parents 8.45am

Our school's menu can be viewed here:

https://www.telford.gov.uk/downloads/file/388/st_marys_primary_school_menu

Increase our use of sustainable items.
All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.



Week 1

Week 2

Week 3

<p>Monday</p> <p>Sausage Roll Farm Assured Sausage encased in Puff Pastry</p> <p>Vegetarian Roll </p> <p>Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Sponge and Custard</p>	<p>Monday</p> <p>Pork Sausage Farm Assured Sausage served with Rich and Tasty Gravy with a Mini Yorkshire Pudding</p> <p>Roasted Vegetables and Beans served with Rich and Tasty Gravy with a Mini Yorkshire Pudding </p> <p>Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Frita Bread</p> <p>Sponge and Custard</p>	<p>Monday</p> <p>Chicken Curry Farm Assured Chicken cooked in a Chef's Curry Sauce</p> <p>Vegetable and Garlic Noodles </p> <p>Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Jelly and Cream</p>	<p>Monday</p> <p>Chicken Dunkers Farm Assured Chicken in Natural Breadcrumbs</p> <p>Vegetarian Nugget </p> <p>Saute Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Sponge and Custard</p>	<p>Monday</p> <p>Traditional Roast with Rich and Tasty Gravy Farm Assured Sliced Meat</p> <p>Vegetarian filled Yorkshire Pudding </p> <p>Creamed Potato, Roast Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Jelly and Cream</p>
<p>Tuesday</p> <p>Beet Burger Farm Assured Minced Beef Patisse served in a Soft Bread Roll</p> <p>Vegetarian Burger Served in a Soft Bread Roll </p> <p>Saute Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Ginger Cake</p>	<p>Tuesday</p> <p>Cheese and Tomato Pizza </p> <p>Cheese and Potato Pie </p> <p>Savoury Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Cookie</p>	<p>Tuesday</p> <p>Spaghetti Bolognese Farm Assured Minced Beef cooked in a Chef's Rich and Tasty Tomato Sauce</p> <p>Macaroni Cheese Pasta in a Creamy Cheese Sauce </p> <p>Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Iced Cookie</p>	<p>Tuesday</p> <p>Spaghetti Bolognese Farm Assured Minced Beef cooked in a Chef's Rich and Tasty Tomato Sauce</p> <p>Macaroni Cheese Pasta in a Creamy Cheese Sauce </p> <p>Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Iced Cookie</p>	<p>Tuesday</p> <p>Battered Fillet of Fish White Fillet coated in a light batter or Fish Cake</p> <p>Cheese and Onion Paste </p> <p>Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread</p> <p>Cupcake Selection</p>
<p>Wednesday</p> <p>Big Breakfast Pork Sausage Farm Assured, Bacon, Free Range Scrambled Egg</p> <p>Vegetarian Sausage, Free Range Scrambled Egg </p> <p>Potato Waffles, Seasonal Vegetable Selection, Bread</p>	<p>Wednesday</p> <p>Big Breakfast Pork Sausage Farm Assured, Bacon, Free Range Scrambled Egg</p> <p>Vegetarian Sausage, Free Range Scrambled Egg </p> <p>Potato Waffles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p>	<p>Wednesday</p> <p>Big Breakfast Pork Sausage Farm Assured, Bacon, Free Range Scrambled Egg</p> <p>Vegetarian Sausage, Free Range Scrambled Egg </p> <p>Potato Waffles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p>	<p>Wednesday</p> <p>Big Breakfast Pork Sausage Farm Assured, Bacon, Free Range Scrambled Egg</p> <p>Vegetarian Sausage, Free Range Scrambled Egg </p> <p>Potato Waffles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p>	<p>Wednesday</p> <p>Big Breakfast Pork Sausage Farm Assured, Bacon, Free Range Scrambled Egg</p> <p>Vegetarian Sausage, Free Range Scrambled Egg </p> <p>Potato Waffles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p>
<p>Thursday</p> <p>Meatballs in Gravy or Tomato Sauce</p> <p>Vegetarian Balls </p> <p>Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Cupcake Selection</p>	<p>Thursday</p> <p>Meatballs in Gravy or Tomato Sauce</p> <p>Vegetarian Balls </p> <p>Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Cupcake Selection</p>	<p>Thursday</p> <p>Meatballs in Gravy or Tomato Sauce</p> <p>Vegetarian Balls </p> <p>Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Cupcake Selection</p>	<p>Thursday</p> <p>Meatballs in Gravy or Tomato Sauce</p> <p>Vegetarian Balls </p> <p>Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Cupcake Selection</p>	<p>Thursday</p> <p>Meatballs in Gravy or Tomato Sauce</p> <p>Vegetarian Balls </p> <p>Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread</p> <p>Cupcake Selection</p>
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The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.